



## Paul Thomas Cook

October 29, 1962 - July 18, 2024

Paul Thomas Cook passed away on July 18, 2024, in Rancho Mirage, CA, after a brave battle with advanced gallbladder cancer.

Paul was born in Detroit, Michigan on October 29th, 1962 to Thomas and Ann (Machleit) Cook. He grew up in Northville, MI, and attended Michigan State University, where he earned a Masters Degree in Business Administration in 1985, met the love of his life, Koleen, and became perhaps the greatest Spartan fan of all time.

In 1996, he achieved his CFA (Chartered Financial Analyst) accreditation. Paul's storied career spanned 17 years as a Mutual Fund Manager at Munder Capital Management. In 2005, he relocated to Seattle, where he successfully led several startups to successful exits.

In 2020, Paul founded Springboard Technologies, realizing his lifelong dream of building his own company. His vision and goals for success continue to drive the company forward, ensuring his legacy lives on.

Paul's profound love of the outdoors included hiking, skiing, golfing, and being on the water with his wife at their beloved home on Lake Kachess, WA. He was known for his risk-taking, entrepreneurial spirit, quick wit, and ability to connect deeply with anyone he met.

Beyond his work and hobbies, he took great pride in coaching both of his kid's soccer teams for many years. He touched the lives of many young people throughout his career and coaching tenure and many have referred to him as 'their second Dad' and seen him as a mentor in work, life, and love. His infectious spirit and gentle kindness touched the lives of many, and will leave a lasting impression.

Throughout his cancer treatment, he consistently praised the nurses at Eisenhower Health. He frequently expressed admiration for their dedication and big-heartedness. Even while enduring pain, he never wanted to be a fuss, and never failed to not only apologize for any 'trouble' he'd caused them but thanked each nurse sincerely as they left the room. We would like to extend our sincere gratitude to the nurses at Eisenhower Health. Their exceptional care for our dad, coupled with the compassion they showed our family during what were undoubtedly the most challenging weeks of our lives, has left an indelible mark on us. Thank you.

Paul is survived by his wife Koleen (Sweeney), son Daniel, daughter Emily, and dog Teddy. Paul is also survived by his mother Ann Cook, sister Andi McDowell (Don), sister Jeannine McCoy (Russ), brother in law Kelly Sweeney (Mary) and nieces and nephews, Kate Plough (Matt), Kevin McDowell, Madeline (McCoy) Kurilko (Brian), Jessica McCoy, Lucas McCoy, Matt Sweeney (Renee), Carly (Sweeney) Gronow (Chris) and Raquel (Vaughan) Cadourcy (Pierre). Great nieces and nephews surviving Paul include Charlotte and Emily Plough, Brooks Gronow, Harvey and Romy Cadourcy, and Manny Heigel.

A Memorial Service is planned for Thursday, August 15, 2024 at The Golf Club at Newcastle, Newcastle, WA at 5:30 PM with a sunset reception to follow. If you are planning to attend, kindly RSVP to Emily Cook at

cookemi93@gmail.com. RSVP by August 5th.

In lieu of flowers, please consider donations to Eisenhower Health in honor of Paul here: <<https://eisenhowerhealth.org/giving/donate/>>

We love you dad, we are so lucky to have had you as long as we did. We hope wherever you are that the Michigan State Spartans are winning every single day, that your handicap is a two, and that you're enjoying a glass of Mark Ryan's 'Black Love' on the lake with your best buddy and your dad, who are surely there with you.

# Tribute Wall



“ *Paul was a kind and decent human being.  
He was thoughtful, considerate, and wise.*

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**Kelvin Meeks** - February 19, 2025 at 02:53 PM



“ *1 file added to the tribute wall*



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**Lorne D** - August 15, 2024 at 05:40 PM



“ *Reggie and Mary planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Paul Thomas Cook.*

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**Reggie and Mary** - August 14, 2024 at 12:58 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Paul Thomas Cook.*



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August 14, 2024 at 12:58 PM

BM

“ Bruce and Gina Myers purchased the Simply Elegant Spathiphyllum for the family of Paul Thomas Cook.



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**Bruce and Gina Myers** - August 13, 2024 at 01:18 PM

NS

“ Our family met Paul i think 20 years ago when they arrived in Seattle and was fortunate to have worked with him for over a decade. So grateful to have met Paul as i truly have an inner Paul Cook in me that has spoken the past 2 decades. His way of living his life; the way he enjoyed each day was unique; i observed and admired that but I did not always live that free. I had not connected to him in the past years, but he truly is in my mind often as a source of inspiration and a way to live. Praying for Koleen and kids during this time. Paul was an absolute blessing to me.

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**Niraj Shah** - August 09, 2024 at 05:46 PM

RC

“ Raquel C. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Paul Thomas Cook.

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**Raquel C.** - August 09, 2024 at 04:22 PM



“ Paul will be missed but for those lucky enough to be called a friend, he leaves us all with a vision of what it means to be a great parent, a great partner, and a great person. We are all blessed to have known Paul. Sparty on.



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**Doug Henderson** - August 08, 2024 at 12:50 PM

KB

“ We first met Paul and Koleen when our sons were in 1st grade together. Paul and my husband Mike were asked to coach Daniel and our son in soccer. It was the start of a beautiful 30-year friendship. Paul and Mike continued to coach the boys and then partnered up with another friend Steve to coach Emily and our daughter. They coached soccer, softball, and basketball together, laughing along the way, mentoring the kids, teaching life lessons every step of the way.

*In 2006 we moved to Seattle a year behind Paul and Koleen. They took us under their wing, showed us the town, took us to a Pistons/Sonics game, introduced us to their friends.*

*Paul and Koleen are the warmest, kindest, most generous people on the planet. Our hearts are breaking for the loss of Paul, heaven has truly gained an angel.*

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**Kristin Bridges** - August 06, 2024 at 06:07 PM

PF

“ It fills me with sadness to be writing this.  
I first met Paul while he was dating my best friend. 😊  
He later married my best friend . ❤️  
He fit right in with me and my family whom he came to know when I  
got married in 1985.

We moved through life chapter after chapter and when we seen  
each other years later, we picked right up. Me and Ko, we have  
never lost our friendship and Paul was right there to pick back up  
with us.

He made some of the best memories for me.

RIP my friend ❤️

God Speed! 🙏

Love,

Peggy



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Peggy Freeborn - August 06, 2024 at 01:26 PM

SF

“ I'm finding it very difficult to reconcile that such a great friend, colleague, father, and husband is gone. Paul was one of a kind. A happy, fun loving person who lived life to the fullest. He had a huge impact on everyone around him. We shared a lot of interests, and had some great talks on lots of subjects. He got my humor, and I got his. So many great memories. He will be missed and never forgotten.

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**Scott Foreman** - July 24, 2024 at 11:49 AM

DW

“ Denise W. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Paul Thomas Cook.

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**Denise W.** - July 24, 2024 at 11:42 AM

DW

“ For many years Paul and I worked together at Munder Capital. Your Dad and husband was one of the finest men I ever worked with. He was common sense smart, intelligent, professional, warm and funny. He had an innate way of putting everyone at ease in all kinds of situations. In a profession of extreme egos at times, Paul always remained humble and kind to everyone. I am so very sorry he had to face this health issue and lost his life to it. He was a great Dad, husband, soccer coach and colleague. I know above all else he loved and adored his family. He was a true gem. With deepest sadness and prayers for your family. May God bless you and comfort you in your loss.  
Denise Waddell

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**Denise Waddell** - July 24, 2024 at 11:32 AM

NM

“ Paul was the gentle hand that provided strength when needed and caused laughter when it was needed more. He challenged and supported. One of a kind. Heaven is a better place with him there and we all have a hole for his leaving us. A star shines bright in his memory.

Nancy Murray - July 24, 2024 at 12:42 AM

JR

“ Paul was one of the good guys. Big heart, big laughs, so much to share. I'm grateful for having met him, and for the impact he had on my path.



Jenny Richards - July 23, 2024 at 10:07 PM

JB

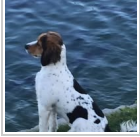
Such a great day! Thanks for sharing Jenny!

Jacob Boland - July 30, 2024 at 11:28 PM

Andrea  
Mohr

“ We are so sorry for your loss. May his memory be a blessing to you and your family. Sending thoughts, prayers and love. Robert and Andrea Mohr

Andrea Mohr - July 23, 2024 at 08:39 PM



“ *What an amazing man. We are so sorry for loss. Feel,blessed to have known him for a short time. Gods blessings to you Koleen and your family.. prayers and healing hugs 🙏❤️*

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**Diane Howe** - July 23, 2024 at 07:59 PM